

# BATH BOMB INSTRUCTIONS!

**CAREFULLY READ ALL INSTRUCTIONS AT LEAST ONCE BEFORE STARTING.**

## **Needed Supplies in Addition to the Kit**

- one large bowl (at least 4 Cup capacity)
- $\frac{3}{4}$  - 1 teaspoon of water
- pair of dish-washing gloves (optional)
- additional things to use as molds such as mini-muffin tins, plastic Easter eggs, cookie cutters set on a baking sheet, yogurt cups, etc.

## **Optional Things You May Wish to Include**

- 1T of dried botanicals you're *not* allergic to (eg: lavender buds, rose petals, etc.)
- powdered natural coloring (liquid food coloring can work but may irritate skin or stain)
- essential oils or fragrance oils you may choose *other than* the lemongrass oil we included.

## **Let's have some fun with chemistry!**

1. You may wish to cover your work surface to protect it. Prepare your area and have all ingredients & supplies unpacked, your water measured, and everything ready to use.

2. Place your large bowl in the center of your work surface. Add the contents of baggies #1, #2, and #3 to the bowl. *If you are using dried botanicals, add to this mixture now. If you are using powdered coloring, add about a teaspoon to the mixture and stir all the dry ingredients together carefully but very thoroughly, making sure everything is evenly mixed.*

3. Remove the lid and unscrew the nozzle of the spray bottle containing jojoba oil. If using the 2 t of lemongrass oil included, add that to the spray bottle now. If using *your own* fragrance or essential oil, use 2 t and add that *instead*. Remember that if you are adding powdered color or botanicals, increase the water you add from  $\frac{3}{4}$  t to up to 1t. Add the water to the spritz bottle and tightly screw the nozzle back on. Shake well.

4. With one hand, begin to spritz the contents of the spray bottle over the surface of your well-mixed dry ingredients while using your other hand or the spoon to gently stir and fold the dry ingredients over. Keep spraying and mixing until you have a consistency similar to wet sand. Once the liquid is all used, you'll want to rub your hands and fingers through the mix to squeeze out any clumps. The mixture should be uniform in texture and consistency—not totally wet, not totally dry, and definitely *not lumpy*.

5. Carefully sprinkle the contents of baggie #4 over the bowl and use the spoon or your fingers to incorporate *thoroughly*.

6. Scoop your mold halves through the mixture, mashing as much as you can get into each half firmly until they're full. To help the sphere halves stick, overfill each and mash them together as you twist them towards each other *firmly*. Clean off the edges. Repeat with other molds. If re-using the included mold, carefully unmold your first bomb. Once the mix is all molded, set the bombs in a safe, cool spot so they can dry and cure for at least a couple of days.

7. To unmold, you may need to gently tap the side. If not using within a couple of weeks, store in a glass jar, or wrap tight in plastic wrap, or seal inside a cellophane bag.

**ENJOY!!!!**