



METROPOLITAN LIBRARY SYSTEM

READ



This Week's
Craft:
Sunshine
Sewing!

- [Rosha and the Sun by Mary-Joan Gerson](#) Rosha's brother Tup is mad Rosha likes to play alone instead of with him. One day he cuts her hair and uses it to trap the sun. Rosha asks the animals to help her free the sun, but only the mole will. Can such a small animal help with such a big job? Learn why moles live underground in this folk tale from the Maya highlands.
- [The Sun is a Peach by Sara Cassidy](#) A young child walks along a country road into town where there's a parade on. The experiences of the day, and the child's eventual homecoming and bedtime, are chronicled and compared to the sun. The sun takes the form of the yolk of an egg, a spool of thread, the eye of a bird, an ice-cream cone and a dandelion. Each round, yellow item on the page hints at the big golden ball in the sky.
- [Hello, Sun by Sarah Jane Hinder](#) The first picture book to introduce young children to yoga's beloved sun salutation flow. The latest from the co-creator of the beloved Good Night Yoga and Good Morning Yoga series gives children a great way to connect with their bodies and calm their thoughts before jumping into the adventures of the new day

WATCH

[Sun and Man \(2018\)](#) SUN AND MAN is a gripping 2-part documentary exploring the essential relationship between humans and the Sun and tracing the history of this fascinating star. Anthropologists, astrophysicists, historians and climatologists help us understand how the Sun has shaped us in many ways - from religious beliefs to our connection to time and even the color of our skin and the texture of our hair. Thanks to scientific progress, we have also learned how to use it in return, putting the Sun in the core of our environmental issues and solutions.

KEEP LEARNING

[Zine Making Subscription Box Take Home Kit Downtown Library](#) This "subscription box" style take home kit includes everything needed to begin your journey into Zine making! Each box will include a brief history on zine making, pre-folded examples of 3 types of zines, and instructions on how to fold, make, and distribute your own creative zines.