**Make a Hero Self Portrait**

<https://www.pbs.org/parents/crafts-and-experiments/make-a-hero-self-portrait>

### **Materials**

* Mirror
* Paper
* Paint, markers, colored pencils, crayons
* Tape

### **Directions**

1

Look into the mirror. Notice the **physical features** that make you who you are. Ask yourself what you see — "What color is your hair? Your eyes? Do you have freckles?"



2

Using the sketch paper provided, draw a self-portrait based off the qualities you thought about. Be creative and make your portrait uniquely you!

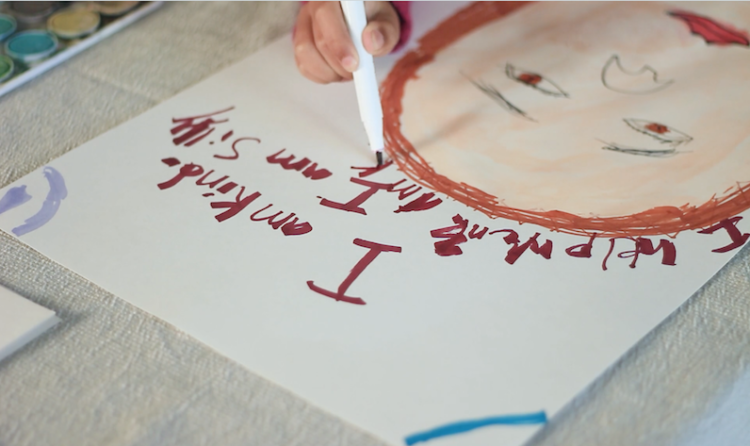


3

Brainstorm the **character** traits that make you unique. Ask yourself — "What makes you a good friend? How would your friends describe you? What do you like to do? How do you help others?"

4

Write down these positive qualities around the self-portrait you’ve drawn.



5

Once you're finished, hang the portrait so that you’re reminded every day of what makes you a hero!