

# Ingredient List

## Ingredients you will need

about 2/3 cup natural peanut butter -  
NO xylitol - this one is great! →



about 3/4 cup pumpkin puree

3 very ripe bananas

1 - 1.5 cups whole wheat flour

## Tools

ice cube tray

rolling pin

knife for cutting dough or cookie cutter

2 bowls and a spoon for mixing

baking sheet

parchment paper